

# Oregon

## VOLUNTARY IN-HOME VISITING AND PARENT EDUCATION

Home visiting programs help new and expectant parents **develop the skills and confidence** it takes to raise healthy families. Home visiting **prevents adversity** and **builds resilience** during a child’s most critical years of development, shown by reduced child abuse and neglect, fewer low birth weight babies, and improved school readiness for children.

Healthy Families America® (HFA) is the nationally-recognized, evidence-based home visiting program of Prevent Child Abuse America®. HFA focuses on building nurturing, safe and secure relationships between parent and child to maximize opportunities for all children –and parents– to reach their full potential.

**49%** 49% fewer substantiated child protective service reports among young, first-time moms who enrolled early in pregnancy with children between 5-7 years old.

**1/3** Reduction in the recurrence of child maltreatment by 1/3.



More positive discipline with less yelling and less physical punishment.

- ↑ Increased school readiness
- ↑ Increased self-sufficiency for parents
- ↑ Improved maternal and newborn health
- ↓ Reduction in crime or domestic violence
- ↓ Reduced low birthweights
- ↓ Decreased hospitalizations for child abuse

Child Maltreatment is Common

**1 IN 7 CHILDREN**

HAVE EXPERIENCED CHILD ABUSE AND/OR NEGLECT IN THE PAST YEAR.<sup>i</sup>

Child Maltreatment is Costly

**\$2 TRILLION**

LIFETIME ECONOMIC BURDEN IN U.S.<sup>ii</sup>  
Cost rivals stroke or type 2 diabetes

**Healthy Families Oregon in 2019:**

# of HFO sites  
**16**

# of families that received a home visit  
**2,419**

# of families who could benefit from home visiting  
**132,800<sup>iii</sup>**

**Healthy Families Oregon participants:**

**1,066** have a primary participant who is a 1st time parent.

**1,891** have a primary participant who is eligible for Medicaid.

**130** have a primary participant who is in need of substance abuse treatment.

**856** have a primary participant who was abused or neglected as a child.

Child maltreatment and neglect alone cost Oregon an estimated **\$202.7 MILLION** in total state and local Child Protection expenditures in SFY2016.<sup>iv</sup>

By investing in upstream prevention programs, like Healthy Families America®, we can prevent child abuse and neglect before it can begin. This not only saves taxpayer dollars, but also helps strengthen families and create thriving communities in Oregon.

<sup>i</sup>Finkelhor, D., Turner, H. A., Shattuck, A., & Hamby, S. L. (2015). Prevalence of childhood exposure to violence, crime, and abuse: Results from the National Survey of Children’s Exposure to Violence. *JAMA Pediatrics*, 169, 746-754.

<sup>ii</sup>Peterson, C., Florence, C., & Klevens, J. (2018). The economic burden of child maltreatment in the United States. *Child Abuse & Neglect*, 86, 178–83.

<sup>iii</sup>Sandra Bishop, Ph D, Chief Research Officer, Council for A Strong America, 3/8/2021

<sup>iv</sup><https://www.childtrends.org/research/research-by-topic/child-welfare-financing-survey-sfy-2016>